

## About This EBook

The contents of this ebook comes from my original book project *Life Notes, As I Send You On Your Way*, which was put together as a gift for my high school graduate back in 2017.

Around the time he was in kindergarten and when I started to become more and more aware of how much help I needed living a God-honoring life, I starting taking in as much Christian-based information as possible, whenever possible, and taking lots of written notes. There were times in my car listening to Christian radio where I found myself pulling over to scribble valuable insights on the backs of store receipts. I kept holding on to the notes from sermons, conferences and radio programs, thinking one day I would compile it all to share life wisdom with someone else...so that's what I did.

I combined and organized over a decade's worth of wisdom nuggets and condensed them down to short meaningful categories broken down by weeks, with summaries, lists, questions and scripture to challenge and grow us to become more authentic followers of Christ. And many of these categories are the ones that trip us up the most.

I need regular help in these areas and am thankful for God's abundant guidance and grace!

Topic examples are: values, self-discipline, being of sound mind, financial debt, relationships, prayer, trials, fear, life-balance, and love.

My prayer is that you will grow as you take in this info and ask God to help you be aware of the areas in your life that need the most attention - so HE can use you to the fullest!

**Blessings to you!**

*Kelly Jenkins*

*For this reason, since the day we heard about you, we have not stopped praying for you. We continually ask God to fill you with the knowledge of His will through all the wisdom and understanding that the Spirit gives.*

***Colossians 1:9***